

**Detect early dementia symptoms using the predictive power of a Neuropsych assessment.**



There is no current cure for Alzheimer's disease or related dementias

*There are some medications and changeable lifestyle factors that can help slow the progression of symptoms, which may work for you.*

**CONTACT US TODAY**

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**DR. RISHI BHALLA**

*Neuropsychologist*

# WHO? IS A ● NEUROPSYCHOLOGIST

A neuropsychologist is a specialist with expertise in brain behaviour relationships and dementia diagnosis.

Neuropsychologists use specialized and sensitive tests to detect early cognitive changes in dementia. This can help with early diagnosis of dementia and treatment recommendations.

Dr. Rishi Bhalla has specific expertise understanding and diagnosing Alzheimer's disease and related dementias, with specialized training from Brown University and the University of Pittsburgh.

He collaborates and works closely with all physicians at the Pacific Geriatrics Group to help in your care. He can also consult with your family physician.

He can follow you over time and repeat testing, if necessary.

*1.1 million  
Canadians will  
be living with  
Alzheimer's  
disease or a  
related dementia  
by 2038.*

*Early detection  
can help.*

## FACTS ABOUT ALZHEIMER'S

### A FORM OF DEMENTIA

Alzheimer's disease is the most common form of dementia. There are both genetic and non-genetic.

### COGNITIVE DIFFICULTIES

Early cognitive difficulties include forgetting names, words and repeating the same questions. These get worse over time and impact abilities such as driving.

### BEHAVIOURAL CHANGES

Behavioural symptoms include difficulty sleeping, decreased desire to participate in activities, anxiety, agitation, and wandering.

### CAREGIVING

There will be increased care needs as the disease worsens. This can be challenging and overwhelming for family. Help is available.